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## Isomer-specific Transplacental Efficiencies of Perfluoroalkyl Substances in Human Whole Blood

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## 1 ABSTRACT

2 Data on isomer-specific transplacental transfer of perfluoroalkyl substances (PFASs) are very  
3 scarce. This study investigates transplacental transfer of 23 PFASs, including isomers of  
4 perfluorooctanoate (PFOA), and perfluorooctane sulfonate (PFOS), by analyzing 63 paired maternal  
5 and cord whole blood samples collected in Hubei, China. Significant correlations ( $r = 0.311-0.888$ ,  $p$   
6  $\leq 0.013$ ) were observed between the concentrations in maternal and cord blood for most PFASs,  
7 indicating that PFASs could be efficiently transported from mother to fetus. For  
8 perfluorocarboxylates, a U-shape trend of transplacental transfer efficiencies (TTEs) with carbon  
9 chain length increasing was confirmed. For PFOA and PFOS branched isomers, TTEs generally  
10 increased as the branching point moved closer to the carboxyl or sulfonate moiety, and branched  
11 isomers transferred more efficiently relative to their linear isomers. This is the first time to report the  
12 TTEs of PFAS isomers based on human whole blood samples, and to calculate the TTEs of  
13 perfluorooctane sulfonamide. For almost all PFASs, the TTEs we reported are lower than the  
14 existing studies based on serum or plasma. Whole blood is recommended for risk assessment of  
15 PFAS placental transfer considering that PFASs have different partitioning behaviors between blood  
16 matrices. More accurate parameters on health risks of PFASs during prenatal exposure are provided  
17 here.

## 18 1. INTRODUCTION

19 Perfluoroalkyl substances (PFASs) are widely used in many commercial products and have  
20 become ubiquitous pollutants in the environment.<sup>1,2</sup> Because of their potentials for bioaccumulation,  
21 PFASs have been found in various biotic samples worldwide.<sup>3,4</sup> PFASs have also been reported in  
22 human tissues, such as blood, urine, placenta, and amniotic fluid.<sup>5-8</sup> Large amount of studies  
23 documented that PFASs may pose potential health risks on humans, especially on children, such as  
24 thyroid hormone disruption,<sup>9</sup> impaired response inhibition,<sup>10</sup> immunotoxicity,<sup>11</sup> elevated serum  
25 adiponectin concentration.<sup>12</sup> Exposure to PFASs during critical periods of fetal development,  
26 including prenatal period, could adversely affect fetal growth and development.<sup>13,14</sup>

27 PFASs are synthesized mainly in electrochemical fluorination (ECF) and telomerization. ECF  
28 produces a mixture consisting of 70-80% linear isomers and 20-30% branched isomers, while  
29 telomerization produces almost completely linear isomers with even number of carbon chains.<sup>1,15,16</sup>  
30 Since 3M Company voluntarily phased out perfluorooctane sulfonate (PFOS) and its related products  
31 as well as perfluorooctanoate (PFOA) in 2002, telomerization becomes the predominant method to  
32 manufacture PFOA worldwide.<sup>1</sup> However, the manufacture of PFASs by ECF method is still used in  
33 China.<sup>17,18</sup> In addition, PFOS and related substances are still being manufactured and used in  
34 relatively large quantities in China. About 15 enterprises produced PFOS and its derivatives in 2012,  
35 which are mainly located in Hubei and Fujian provinces, leading to around 4.8 and 1.6 tons of PFOS  
36 released into the environment annually.<sup>19</sup>

37 Previous reports demonstrated that PFASs in human blood could cross placenta barrier into fetus.  
38 However, the transplacental transfer efficiencies (TTEs) of PFAS isomers were not included in most  
39 of these studies (Table 1). Jiang et al.<sup>20</sup> reported that the health risks of PFOS and PFOA to newborns  
40 could be isomer-specific. Animal studies also indicated that the toxicities or bioaccumulation of  
41 PFASs were isomer specific.<sup>21-24</sup> Up to now, there were only two reports on the isomer profiles of  
42 PFASs in matched maternal-cord sera samples with relatively small sample size of 20<sup>25</sup> and 32<sup>7</sup>  
43 pairs, respectively. Additionally, the sampling time was in the early 15 weeks upon pregnancy of the  
44 mothers.<sup>25</sup> Studies suggested that PFAS concentrations in maternal serum declined during  
45 pregnancy,<sup>26,27</sup> and correlation of cord serum concentrations with maternal serum taken in the third  
46 trimester was stronger than that in the earlier two trimesters.<sup>8</sup> What is more, as summarized in Table

47 1, most of the studies on maternal-cord samples used serum or plasma. Jin et al.<sup>28</sup> observed  
48 isomer-specific distribution of PFASs between whole blood and plasma, and indicated that PFOA  
49 and/or PFOS precursors had strong binding affinity to red blood cells. Therefore, TTEs measured at  
50 the time of delivery could reflect the transplacental effect of the entire pregnancy process more  
51 accurately, and TTEs obtained from whole blood would be more accurate to reflect the transplacental  
52 risks of PFASs for newborns than serum or plasma.

53 The objectives of this study are to examine 23 PFASs (including the isomers of PFOA and  
54 PFOS) in 63 pairs of maternal-cord blood samples, and to evaluate the impacts of carbon chain  
55 length and isomerization on placenta transfer of PFASs. To our knowledge, this is the first study on  
56 isomer-specific concentrations of PFOA and PFOS in maternal-cord whole blood (Table 1).

## 57 **2. MATERIALS AND METHODS**

### 58 **2.1. Nomenclature, Acronyms and Standards.**

59 The nomenclature for specific PFOS and PFOA isomers was adopted from previous study,<sup>29</sup> and  
60 the chromatograms of brPFOSK, TPFOA, perfluorooctane sulfonamide (PFOSA) standards are  
61 shown in Figure S1-S2. All analyte acronyms used in the present study are listed in Table S1. The  
62 PFAC-MXB, MPFAC-MXA, brPFOSK, TPFOA, *n*-PFOSA, N-ethyl perfluorooctane sulfonamide  
63 (N-EtFOSA) and M<sub>8</sub>FOSA-M standards were purchased from Wellington Laboratories (ON,  
64 Canada). The detailed information was already described by Zhang et al.<sup>5</sup> Another PFOSA standard  
65 was purchased from J&K Scientific, China.

### 66 **2.2. Sample Collection.**

67 Sixty-three pairs of maternal and cord whole blood samples were collected in May and June  
68 2014 at the People's Hospital of Hong'an County, Hubei, China. The study protocol was approved by  
69 the College of Environmental Science and Engineering, Nankai University, China, and People's  
70 Hospital of Hong'an County. All the participants were provided with information about the study  
71 purpose, and they agreed to participate voluntarily in the investigation. Table S2 shows the  
72 characteristics of these participants. About 5 mL of blood samples were collected by venipuncture to  
73 polypropylene (PP) tubes without anticoagulant from mothers 1-3 days before delivery; and same  
74 amount of cord blood was collected immediately after tying and cutting off the umbilical cord, and

75 kept in PP tubes. Six field blanks (5 mL of HPLC-grade water) were accompanied. All the samples  
76 were stored in a freezer at -20 °C and transported to the laboratory in coolers with ice and  
77 subsequently stored at -20 °C until analyzed.

### 78 **2.3. Sample Extraction and Analysis.**

79 All the blood samples were extracted using an ion pair method as described earlier.<sup>28</sup> PFASs  
80 and the isomers were separated and quantified on a Waters Ultra Performance Liquid  
81 Chromatography system coupled with a Waters XEVO TQ-S mass spectrometer (UPLC-MS/MS).  
82 Ten microliters of extracted samples were injected onto a FluoroSep-RP Octyl column (ES Industries,  
83 West Berlin, NJ). Gradient elution condition was previously described in detail.<sup>28</sup> Table S1 shows  
84 the m/z, cone voltage and collision energy used for each PFASs and isomers.

### 85 **2.4. Quality Control.**

86 All the 6 field blank samples were extracted by the same method to monitor for any  
87 contamination. To minimize the background signal of all PFASs from the UPLC instrument, a Waters  
88 Isolator Column was added at upstream of the injector to trap the PFASs of instrumental sources.  
89 HPLC-grade methanol was used as instrumental blank and was injected every 10 samples to monitor  
90 carryover. Two standard solutions (PFAC-MXB, n-PFOA and N-EtFOA at 5 ng/mL, brPFOSK  
91 and TPFOA at 10 ng/mL) were run every 10 samples to monitor instrumental reproducibility. The  
92 relative standard deviation of the instrumental analysis was <10% for all linear PFASs, and <22% for  
93 all branched PFASs. The limit of detection (LOD) was defined as the concentration with a  
94 signal-to-noise ratio of 3 if the specific PFAS was not detected in the field blanks. For the analytes  
95 detected in the field blanks, the LODs were defined as the mean blank concentration plus three times  
96 the standard deviation of the blank. Table S3 shows the LODs (0.001-0.210 ng/mL) and recoveries of  
97 the PFASs.

### 98 **2.5. Statistical analysis.**

99 Concentrations below the LOD were replaced by LOD divided by the square root of 2 in the  
100 statistical analysis. All the data were log-transformed before the paired *t* tests for the paired maternal  
101 and cord blood samples. Spearman rank correlation analysis was performed to examine the  
102 relationship between PFAS concentrations in paired maternal-cord blood samples. All analyses were  
103 performed with IBM<sup>®</sup> SPSS Statistics version 20.0 (SPSS, Inc., IBM, Chicago, IL), and significance

104 was set to  $p$ -value  $< 0.05$ .

### 105 3. RESULTS AND DISCUSSION

#### 106 3.1. PFAS Concentrations.

107 Concentrations of PFASs in the paired maternal-cord blood samples are shown in Figure 1 and  
108 Table S4-S5. Among the 23 PFASs examined (including the isomers), 17 PFASs were identified in  
109 the maternal and cord blood samples. The detection frequency of PFBS, PFHxA, PFHpA, 3*m*-PFOA  
110 and N-EtFOSA was less than 5%. Thus, these compounds were not listed in Table S4-S5, and would  
111 not be discussed further. High detection frequency ( $>84\%$ ) was observed for most PFASs in both  
112 maternal and cord blood, except PFTrDA (69.8%) in maternal blood, and PFDoA (77.8%), PFHxS  
113 (73.0%) and *n*-PFOSA (49.2%) in cord blood samples.

114  $\Sigma$ PFOS was predominant in both maternal and cord blood with median concentration of 6.59  
115 and 1.35 ng/mL, respectively. For other PFASs, the median concentrations were lower than 1 ng/mL  
116 in both maternal and cord blood (Table S4-S5). The median concentration of  $\Sigma$ PFOS (6.59 ng/mL) in  
117 the maternal blood was close to that in the industrial city of Norilsk (5.79 ng/mL) in Russia,<sup>30</sup> but  
118 lower than in Tianjin, China (12.4 ng/mL).<sup>6</sup> If the whole blood concentration of PFOS was converted  
119 to serum concentration by multiplying by a factor of 1.53,<sup>28</sup> the obtained median PFOS serum  
120 concentration (10.1 ng/mL) was similar to two recent studies in Wuhan, China (12.32 ng/mL<sup>8</sup> and  
121 7.0 ng/mL<sup>7</sup>, respectively).

122 For  $\Sigma$ PFOA, the converted maternal serum concentration (median, 1.1 ng/mL, blood  
123 concentration multiplying by a factor of 1.2<sup>28</sup>), was marginally lower than the pregnant women in  
124 Wuhan (1.42 ng/mL<sup>7</sup> and 2.16 ng/mL,<sup>8</sup> respectively). It is worth noting that long carbon-chain length  
125 perfluoroalkyl carboxylates (PFCAs) were detected with high frequency in both maternal and cord  
126 blood samples, especially PFUnA, which was detected in all the maternal blood samples with similar  
127 concentration (0.747 ng/mL) to PFOA (0.907 ng/mL).

128 The concentrations of all the individual PFASs in the maternal blood samples were significantly  
129 (paired  $t$  test,  $p \leq 0.008$ ) higher than in the cord blood samples, except PFTrDA with markedly ( $p <$   
130 0.001) lower concentration in maternal blood samples (Figure 1). Relatively high inter-correlations  
131 were observed between all the detected PFASs in the paired maternal and cord samples ( $r =$   
132 0.311-0.888,  $p \leq 0.013$ ), except 4*m*-PFOA and 5*m*-PFOA (Table S6). The findings suggested that

133 PFASs in maternal blood could transfer to fetus through cord blood. Thus, mothers exposed to  
134 PFASs could exert potential threats, such as growth and development retardation on their  
135 newborns.<sup>13,31</sup>

### 136 3.2. Isomeric Compositions of PFASs.

137 Figure 2 shows the isomer compositions of PFOS and PFOA isomers in the maternal and cord  
138 blood samples compared to authentic Chinese products and 3M ECF products.<sup>18</sup> *n*-PFOS contributed  
139 81.6% of total PFOS in maternal blood and 79.7% in cord blood without significant difference  
140 (paired *t* test,  $p = 0.275$ ), which was very close to the delivering women from Wuhan, China (83%,  
141 serum),<sup>7</sup> and south central Vietnam (81%, plasma).<sup>32</sup> Nonetheless, the *n*-PFOS % was much higher  
142 than that reported for the general human plasma or serum from China, e.g. Tianjin (59.2%),<sup>33</sup>  
143 Shijiazhuang (43.0% and 50.6%) and Handan (53.7%),<sup>34</sup> and other countries, e.g. Australia (58.7%)  
144 and England (59.6%).<sup>35</sup> We also observed higher *n*-PFOS % in 1<sup>st</sup> trimester pregnant women serum  
145 (66.7%)<sup>20</sup> than non-pregnant young women in Tianjin (62.5%),<sup>33</sup> which might be due to the  
146 relatively preferential transplacental transfer of *br*-PFOS to *n*-PFOS.<sup>25</sup> The average *n*-PFOS % in  
147 most reported products is about 70%.<sup>18</sup> Given the high *n*-PFOS % in maternal and cord blood, and  
148 similar high *n*-PFOS % in one PFOS product manufactured in Wuhan (78.2%),<sup>17</sup> it was speculated  
149 that exposure to higher *n*-PFOS % ECF products could also cause this phenomenon.

150 *n*-PFOA was the dominant isomer, with a range of 94.6-100% (mean, 98.2%) and 92.3-100%  
151 (97.6%), in the maternal and cord blood respectively. The mean proportions of *n*-, *iso*- and  
152 5*m*-PFOA in 131 maternal serum samples in Tianjin China were respectively 99, 0.96 and 0.04%,<sup>20</sup>  
153 which was quite similar to the maternal results in the present study (Figure 2). Additionally, Beeson  
154 *et al.*<sup>25</sup> also found similar contribution of the branched PFOA isomers (mean 1.9%) in Canadian  
155 pregnant women. The percentage of *n*-PFOA in the maternal blood was statistically higher ( $p =$   
156 0.009) than the cord blood. Opposite trend was observed for *iso*- and 5*m*-PFOA, with lower  
157 percentage in the maternal blood ( $p \leq 0.006$ ). The results suggested that branched PFOA isomers  
158 were more easily transferred to fetus than *n*-PFOA.

159 Although we observed that PFOSA standard contained both *n*- and *br*-PFOSA (Figure S2), we  
160 cannot quantify the concentration of *br*-PFOSA due to lack of isomeric composition information.  
161 Thus, the proportions of *n*- and *br*-PFOSA in the maternal and cord blood (Figure S3) were just  
162 compared based on the peak area in the chromatogram as discussed later. We also observed probable

163 *br*-PFHxS isomers in some samples (Figure S4). However, this was not common in most of the  
164 blood samples. Since commercial standards of *br*-PFHxS isomers were not available, and they were  
165 also easily misleading using the *m/z* 399/80 ion pair,<sup>29</sup> we would not report the concentrations of  
166 *br*-PFHxS isomers.

### 167 3.3. Transplacental Transfer of PFASs.

168 To explore transplacental transfer of PFASs via blood, TTEs were calculated by dividing the  
169 PFAS concentrations in cord blood by those in maternal blood (Table 1). For PFCAs, the TTE  
170 decreased with carbon chain length increasing from PFOA (C8) to PFDA (C10), and then increased  
171 to PFTrDA (C13). This confirmed the U-shaped trend of TTEs of C8-C13 PFCAs. Possible  
172 explanations for this U-shaped result were discussed by Zhang *et al.*<sup>6</sup> and Pan *et al.*<sup>8</sup>

173 The order of TTEs of the two perfluoroalkane sulfonates (PFSA) and PFOSA was PFHxS >  
174 PFOS > PFOSA, agreeing with the result we calculated with the original data from Hanssen *et al.*<sup>30</sup>  
175 (Table 1). The TTEs of all PFASs, except PFDoA and PFTrDA in this study were considerably  
176 lower than those obtained based on serum/plasma data reported in previous studies (Table 1). This  
177 could be attributed to the lower packed cell volume (PCV) in pregnant women (0.38) than in  
178 newborn (0.60),<sup>30</sup> and most PFASs preferred to partition to serum/plasma than blood cells. The  
179 observed TTEs of PFDoA and PFTrDA were greater than previous studies based on serum/plasma  
180 samples (Table 1). The relevant reason is unclear currently and needs to be further studied. It is  
181 worth noting that some PFAS, such as PFOSA, prefer to partition to blood cells than  
182 serum/plasma.<sup>28,30</sup> This could explain the low detection frequency or low concentration of PFOSA in  
183 human. For these compounds, the TTEs based on serum/plasma would be inaccurate. Therefore,  
184 whole blood is recommended for measuring the levels and TTEs of these compounds.

185 All the detected *br*-PFOA isomers (*iso*-, *5m*- and *4m*-PFOA) were transferred more efficiently  
186 (TTEs 0.71, 0.94, and 2.00) than *n*-PFOA (0.56) (Figure 3), consistent with the results reported by  
187 Beesoon *et al.*<sup>25</sup> The TTE order of PFOA isomers in this study (*4m* > *5m* > *iso* > *n*) was generally in  
188 line with their elution order from the reverse phase chromatography, and thus consistent with their  
189 hydrophilicity (Figure S1). The TTEs of the *br*-PFOA isomers increased as the branching point  
190 moved closer to the carboxyl moiety. The median TTE of *n*-PFOA (0.56) was lower than that  
191 reported by Beesoon *et al.*<sup>25</sup> (0.61) and Chen *et al.* (0.82),<sup>7</sup> which could be due to different blood  
192 matrices. It was reported that newborns have higher PCV (0.60) than pregnant women (0.38).<sup>30</sup> For

193 most PFASs with greater binding affinities with human serum albumin (HSA), the TTEs calculated  
194 based on serum data could be higher than those based on whole blood. Nevertheless, the TTEs of  
195 *iso*-PFOA (0.67), *5m*-PFOA (0.54) and *4m*-PFOA (0.68) calculated by Beesoon *et al.*,<sup>25</sup> were lower  
196 than this study and Chen *et al.* (1.29).<sup>7</sup> This could be due to lower binding affinity of branched  
197 PFOA isomers to HSA than *n*-PFOA, which suggests that branched PFOA isomers are more easily  
198 eliminated and transferred to fetus than *n*-PFOA during pregnancy.<sup>36</sup> Furthermore, giving that the  
199 cord blood was always sampled right after mother delivery, the sampling time of maternal blood  
200 should affect the calculated TTEs. Previous studies reported that the PFAS concentrations in  
201 maternal blood decreased with time during pregnancy.<sup>26,27</sup> This may explain the higher calculated  
202 TTEs of branched PFOA isomers at delivery (this study and Chen *et al.*<sup>7</sup>) than the time at early 15  
203 weeks (Beesoon *et al.*<sup>25</sup>). The whole blood samples in current study were more representative of the  
204 pregnancy, and the results could better reflect the impacts of pregnancy on transplacental efficiencies  
205 of PFASs.

206 Like PFOA, the TTEs of *br*-PFOS isomers, including *1m*, *4m*, *3+5m* and *m*<sub>2</sub>, were all greater  
207 than *n*-PFOS; and the TTEs of *br*-PFOS isomers increased as the branching point moved closer to  
208 the sulfonate moiety: *1m* > *4m* > *3+5m* > *iso* (Figure 3). This could be explained by the much  
209 weaker binding affinity of branched isomers to HSA relative to *n*-PFOS.<sup>36</sup> Due to higher PCV in  
210 newborns than pregnant women (0.60 vs. 0.38),<sup>30</sup> and preferential partition to serum/plasma  
211 fraction,<sup>28</sup> TTEs of all the PFOS isomers obtained from whole blood samples in this study were  
212 generally lower than that obtained from serum samples reported by Chen *et al.*<sup>7</sup> (Table 1).

213 To our knowledge, there was no report on TTEs of PFOSA. This could be because PFOSA was  
214 not measured, or measured but below LODs. The possible explanation is that PFOSA has strong  
215 binding affinity to red blood cells,<sup>28</sup> and was rarely present in serum or plasma. We found PFOSA in  
216 92.1% maternal blood samples, and 49.2% cord blood samples. The median TTE of *n*-PFOSA was  
217 0.12, lower than the TTE of all the other PFASs we calculated (Figure 3). The lower *n*-PFOSA  
218 proportion (paired *t* test, *p* = 0.004, *N* = 30) in the maternal blood (mean, 56.9%) than in the cord  
219 blood (mean, 80.4%), suggested a lower TTE for *br*-PFOSA than *n*-PFOSA. This is different from  
220 the TTE results of *br*-PFOS and *br*-PFOA isomers. It could be explained by the passive diffusion  
221 mechanism of drugs crossing the placental barrier,<sup>37</sup> namely, more hydrophilic compounds show  
222 lower TTEs compared to more hydrophobic compounds.<sup>38</sup> Based on the earlier elution (Figure

223 S2-S3), *br*-PFOSA isomers are more hydrophilic than *n*-PFOSA. Further studies are warranted to  
224 better understand the isomer-specific transplacental behavior of PFOSA.

## 225 **ASSOCIATED CONTENT**

### 226 **Supporting Information**

227 The Supporting Information is available free of charge on the ACS Publications website.

228 Detailed information on list of perfluorinated compounds monitored in the present study and their  
229 acronyms, HPLC-MS/MS parent and product ions, characteristics of the sample population, LOD  
230 and recoveries for PFASs, individual concentrations of PFAS in maternal and cord blood, spearman  
231 correlation coefficients between the concentrations of individual PFAS in matched maternal and cord  
232 blood samples, chromatograms of TPFOA, brPFOSK and PFOSA standards, chromatograms of  
233 PFHxS and PFOSA in some blood samples.

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### 243 **Notes**

244 The authors declare no competing financial interest.

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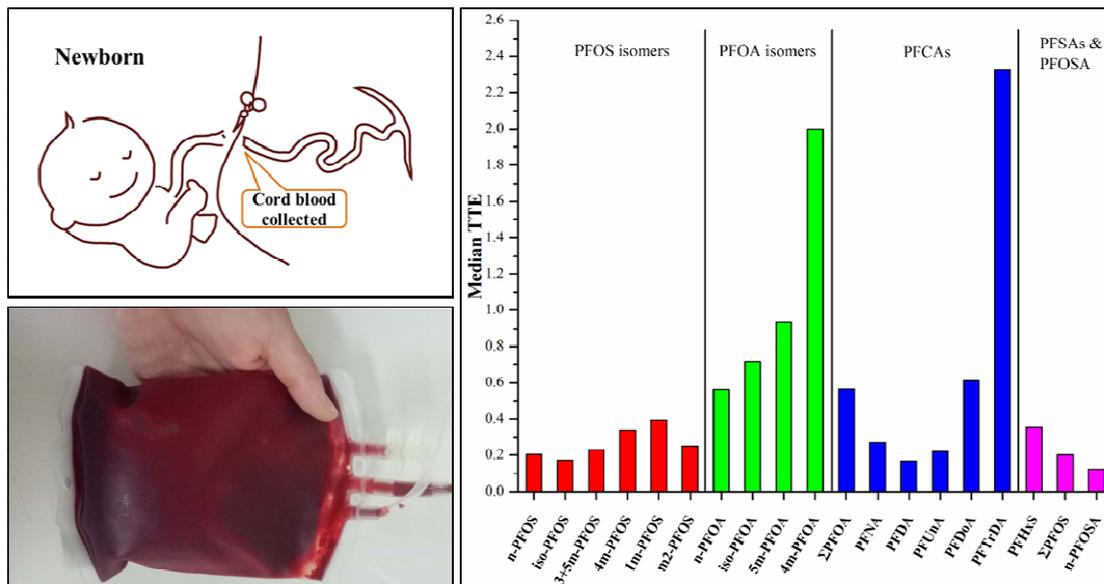
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TOC Artwork

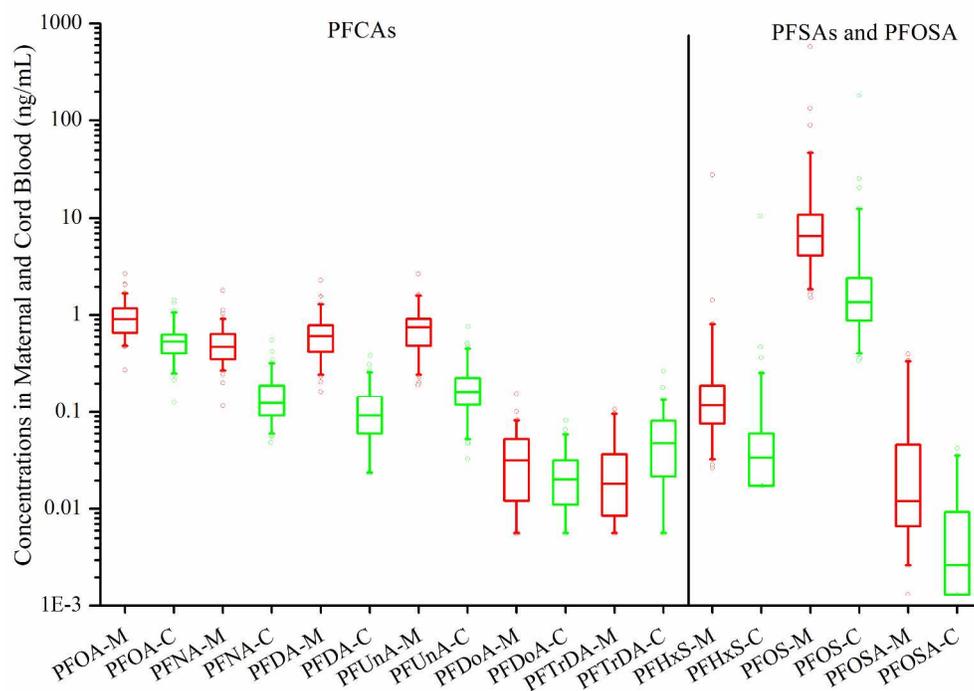


## Figure Captions

**Figure 1.** Concentrations of PFASs in paired maternal-cord blood. PFASs in maternal blood was shown in red, and in cord blood was shown in green. The upper and lower bounds of the boxes indicate the 75th and 25th percentiles, respectively. The horizontal lines within the boxes indicate median values. The upper and lower limits of the whiskers indicate 95% and 5% values, respectively, and circles above or below the whiskers indicate outlier values.

**Figure 2.** Isomer compositions of (A) PFOS and (B) PFOA in the paired maternal-cord blood (% mean), and commercial products. The isomer compositions data on commercial products were cited from Jiang et al.<sup>18</sup> Data on China PFOS are the average value of PFOS products from 3 products in Wuhan, Dongguan and Qinhuangdao. Data on China PFOA are the average value of PFOA products from 5 products in Beijing, Shanghai and Guangzhou.

**Figure 3.** TTE distributions for different-chain-length PFCAs, PFSA and PFOSA. The upper and lower bounds of the boxes indicate the 75th and 25th percentiles, respectively. The horizontal lines within the boxes indicate median values. The upper and lower limits of the whiskers indicate 95% and 5% values, respectively, and circles above or below the whiskers indicate outlier values.



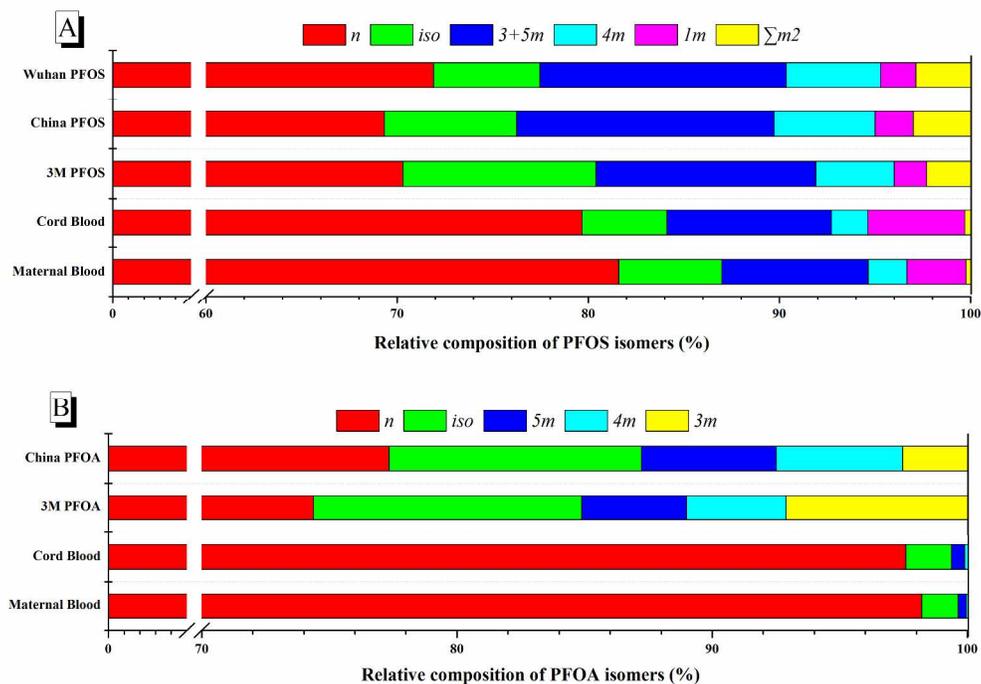


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291x204mm (300 x 300 DPI)

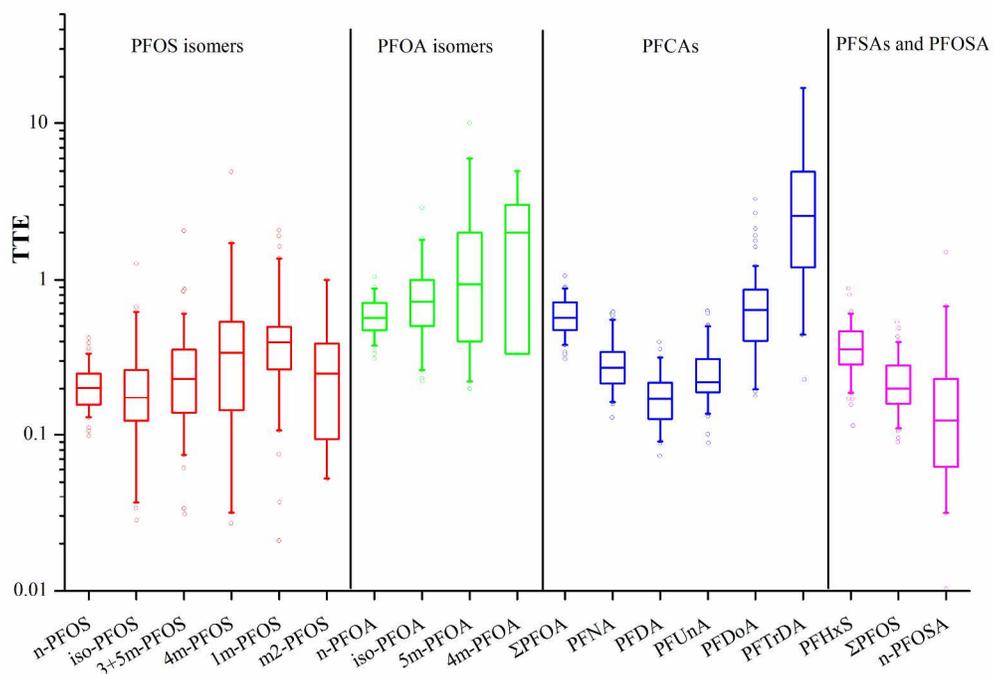


Figure 3. TTE distributions for different-chain-length PFCAs, PFSA and PFOSA. The upper and lower bounds of the boxes indicate the 75th and 25th percentiles, respectively. The horizontal lines within the boxes indicate median values. The upper and lower limits of the whiskers indicate 95% and 5% values, respectively, and circles above or below the whiskers indicate outlier values.

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